



**SPORTS
ASSOCIATION**

for Adelaide Schools

SAAS Rules Matrix for Senior Football

Phase

Yr 7

Yr8

Yr9

Yr10

Res & Div 3

First XVIII Division 1 + 2

7A1/A2/A3/B -
Middle B1/B

Middle A1/A2/A3

Players on Ground

18 a side (24 max)

15 or 18 (24 max)

18 (22 max)

Ball Size

Size 4

Size 4

Full Size

Full Size

Full Size

Max Game Day Squad

22 players

Match Length

4 x 18 min

4 x 20 min

25 min

Breaks

1st and 3rd

Quarter 5 min

Half Time

5 min

10 min

15 min

Coaching Position

Interchange Sideline

Bounces

Unlimited

Marking

A mark is awarded when a player catches the ball directly from another players' kick that has travelled at least 15m

Out of Bounds

Last possession (Kick of Handball) Out of
Bounds.

Kick off the ground

Permitted

Penalties

25m penalty applied as umpire's discretion in accordance with AFL Rule 18.

Players can be ordered off at the umpires' discretion as per Yellow or Red Card Conditions

3rd Man Up / Ruck Contest

The adoption of the 3rd man up rule as implemented at AFL level - permitting only two players (one from each team) to contest a ruck contest

For the avoidance of doubt, if two players from the same team contest a ruck contest, a free kick will be paid

Centre Bounce 6-6-6

As per AFL Rule 13.1 of the Laws of the Game

Any contact with umpires will be deemed an immediate free kick / Deliberate contact a reportable offense